

WHEREAS: Skin cancer is the most common cancer in the United States and worldwide, affecting 1 in 5 Americans by the age of 70; and

WHEREAS: Melanoma, the third most common form of skin cancer and the most deadly, is estimated to kill approximately 7,650 individuals in 2022; and

WHEREAS: According to the New York State Cancer Registry, Tioga County averages about 20 cases of melanoma annually; and

WHEREAS: If caught early, melanoma has a 5-year survival rate of 99%; and

WHEREAS: Routine skin cancer screenings and self-examinations for abnormal moles and spots can help catch melanomas early on; and

WHEREAS: Rates of melanoma and other skin cancers can be further reduced through routine sun safety practices including: applying sunscreen with a minimum of SPF 15, seeking shaded areas, dressing in long sleeved clothing, wearing sun glasses and wide-brimmed hats, and limiting time outdoors between the hours of 10am and 4pm when the sun's UV rays are strongest; and

WHEREAS: Tioga County Public Health in partnership with the Cancer Prevention in Action grant funded by New York State, emphasize the importance of sun safety through education and outreach to local daycares, outdoor recreation facilities, outdoor worksites, and the community in general; now therefore

THE TIOGA COUNTY LEGISLATURE does hereby proclaim the month of June 2022 as

SKIN CANCER AWARENESS MONTH

and urges all residents to practice sun safety year round and seek medical advice for any abnormal moles or spots.

Dated: June 14, 2022

MARTHA SAVERBREY, CHAIR TIOGA COUNTY LEGISLATURE