County of Tioga EXECUTIVE PROCLAMATION

WHEREAS: The people of Tioga County benefit every day from the efforts of the public health workforce when eating at restaurants, drinking tap water, and learning about prevention of diseases; and

WHEREAS: Throughout the COVID-19 pandemic public health has worked diligently to minimize the burden of disease through community outreach, collaboration with community partners, contact tracing, and COVID-19 vaccination clinics; and

WHEREAS: Public health activities protect Tioga County residents from infectious and chronic diseases, environmental and workplace hazards, unintentional injuries and violence; and

WHEREAS: Educating people about the benefits of healthy behaviors is an essential element in attaining good health and preventing premature illness and death; and

WHEREAS: Public health efforts alone cannot accomplish the goal of a healthier Tioga County without cooperation and partnership with communities and individuals; and

WHEREAS: Each of us needs to do our part by taking personal responsibility to improve behaviors by following basic public health recommendations, abstaining from tobacco use, prioritizing sleep, making time for regular physical activity and eating more fruits and vegetables in order to prevent disease; and

WHEREAS: National Public Health Week provides an opportunity for our county to learn about public health concerns and success stories that are vital to healthy communities, such as immunizing against infectious disease, maintaining good nutritional standards, providing services for children with developmental disabilities, ensuring safe living conditions, enforcing environmental health regulations, preventing lead poisoning and providing good prenatal care; and

WHEREAS: The residents of Tioga County recognize the essential role public health plays in their everyday lives; now therefore

THE TIOGA COUNTY LEGISLATURE does hereby proclaim the week of April 5 – 11, 2021 as

PUBLIC HEALTH WEEK

And urges all residents to take steps to educate themselves, their families, and the community about the role of public health in our community.

Dated: April 13, 2021

MARTHA SAUERBREY, CHAIR

TIOGA COUNTY LEGISLATURE