## County of Tioga EXECUTIVE PROCLAMATION

WHEREAS: Public Health reminds you that as the weather gets warmer, outdoor activities begin taking place in areas where ticks are found, such as tall grass, bushes, and leaf piles; and

WHEREAS: The Black-legged tick, also known as a Deer tick, carries the bacteria Borrelia Burgdorferi that causes Lyme disease; and

WHEREAS: Lyme disease can be spread to humans and other mammals as ticks feed off their blood, with an increased risk of the bacteria being spread after feeding for 48 hours; and

WHEREAS: From 2014 -2019 there were over 250 confirmed cases of Lyme disease in Tioga County, along with many probable and suspected cases, and more that were undiagnosed; and

WHEREAS: Preventing Lyme disease can be done by wearing insect repellent, covering up when outdoors, showering soon after coming inside, and completing daily tick checks on yourself and your pets; and

WHEREAS: By knowing the signs of Lyme disease, treatment can be started to avoid long-term complications of Lyme disease; and

WHEREAS: The residents of Tioga County recognize the threat that Lyme disease has on them and their family; therefore

The TIOGA COUNTY LEGISLATURE, County of Tioga, does hereby proclaim the month of July as:

## LYME DISEASE AWARENESS MONTH

And urges all residents to take steps to protect themselves, their families, and pets from Lyme disease and to take immediate action if Lyme disease is suspected.

Dated: July 14, 2020

MARTHA SAUERBREY, CHAIR TIOGA COUNTY LEGISLATURE